

LA ROCHE-POSAY  
LABORATOIRE PHARMACEUTIQUE

**BIOMEDIC**



Recommended LHA Home Protocols	LHA Cleanser (AM/PM)	LHA Solution (AM/PM)	LHA Serum (AM/PM)	Pigment Control (AM)	Potent C or C-Recovery (AM)	Effaclar AI (1-3x Daily)	Effaclar K (AM/PM)	Retinol (PM)	Anthelios (AM)	Hydra-Recovery (PM)	Cicaplast (AM/PM)
<b>Pigmented Skin</b>	✓	✓	✓	✓	✓			✓	✓	✓	
<b>Aging Skin</b>	✓	✓	✓	✓	✓			✓	✓	✓	
<b>Oily/Acne Skin</b>	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓
<b>Sensitive Skin</b>	1x Daily as tolerated	1x Daily as tolerated	1x Daily as tolerated	1x Daily as tolerated	✓			1-2x Weekly as tolerated	✓	✓	
<b>Pre-Aesthetic Procedure</b>	✓	✓	✓	✓	✓				✓	✓	
<b>Post-Aesthetic Procedure Non-Ablative (1st 48-72 hrs)</b>	Toleriane	Thermal Spring Water			C-Recovery				✓	✓	✓

**EXFOLIATE**

**IN-OFFICE CLINICAL PEEL PLATFORM**



Recommended Home Protocols	Exfozyme	Microexfoliating Scrub
<b>Pre-Aesthetic Procedure</b>	Up to 3x Weekly	Up to 3x Weekly
<b>Post-Aesthetic Procedure Non-Ablative</b>	Up to 3x Weekly	Up to 3x Weekly

Recommended In-Office	Biomedic Micropeel	Biomedic Micropeel Plus	Biomedic LHA Peel
<b>Corrective</b>	Every 2 weeks	Every 2 weeks	Every 2 weeks
<b>Maintenance</b>	Monthly	Monthly	Monthly