

# MicroPeel Plus

## Pre and Post Care Treatment Instructions

### PRE-TREATMENT INSTRUCTIONS

Before the Procedure:

- Alert the skin care therapist about any medical skin conditions, especially **Cold Sores** (Herpes), use of Accutane, recent peels, or other facial procedures.
- Please try and arrive without contact lenses, if you do have them, let the skin care therapist know.
- Have a good breakfast or lunch.
- Arriving with make-up on is ok, it will be removed during your treatment and can be reapplied after.

During the Procedure:

- Skin is cleansed.
- Application of chemicals will follow this. This will not exceed 30% salicylic acid.
- You should relax and plan to keep your face still.
- Moisturizer and sunblock may be used at the end of treatment.

### POST-TREATMENT INSTRUCTIONS

After the Procedure:

- You can return to work or social activities almost immediately.
- Activity is normal as tolerated without restrictions.
- You may apply make-up immediately after the procedure.
- Apply Extra Rich Moisturizer at least twice a day, or as often as needed for the next seven to ten days. Even acne patients need to use the Extra Rich Moisturizer.
- Wash gently. Take extreme care while washing your face. Use the Gentle Cleansing Bar.
- Try to avoid the sun as much as possible. If sun avoidance is impossible, apply sunblock as often as possible. Always avoid prolonged exposure to the sun, especially between the hours of 10:00 am and 3:00 pm.
- Do not pick. Resist any urge to pick, scratch your treated skin. These acts could result in scarring.

### Patient Compliance:

Is Critical! Please be sure the patient understands that for the first 2 – 3 days they may not notice any changes, but under no circumstances should they use a scrub product or tool, or apply any product that contains an acid.

### You can expect:

For approximately one week, the patient will experience the MicroPeel Plus renewal process. The patient's skin will lose its dead outer layer. Depending on the patient's skin, peeling may or may not be noticed. However, when peeling is visible, it will occur 2 – 4 days after the procedure and will last for 3 to 5 days. The patient should be advised that they may experience the following during the renewal process:

- stinging
- burning
- visible flaking or peeling
- itching
- tightness

Most of these reactions are common during the first 2 – 4 days after the procedure and should resolve in 7 to 10 days.

The medical staff has reviewed all the pre and post treatment instructions and answered all questions.

Print Name \_\_\_\_\_ Date \_\_\_\_\_

Signature \_\_\_\_\_ Witness \_\_\_\_\_

A signed copy of this document is to be given to the Client. Original is to be filed in Client's medical records.