

WHAT TO EXPECT AFTER LASER TREATMENT OF LEG VEINS

1. Avoid bathing or washing with very hot water. Use tepid water

You may feel like you have a mild to moderate sunburn. Minor crusting or minor peeling of the surface layers of the skin is not unusual. Over the counter Hydrocortisone Cream and Aloe Vera Gel may help with redness or inflammation of your skin.

2. Compression stocking (30 – 40 mm Hg pressure) may be worn during the day for up to three days following treatment.
3. Refrain from vigorous exercise for 48 hours after treatment.
4. Avoid direct sun exposure after your treatment. If you do go in the sun, protect the treated area with sunscreen of SPF 30 or higher. The use of sun protection is recommended when going outdoors in order to minimize hyperpigmentation.
5. A follow-up examination is recommended after your first treatment.

Additional treatments may be required or recommended for desired results.

6. The visible signs of veins should clear between 1 and 3 months.

If you have any questions or concerns, please contact the office at 310-784-8389.