

Day Six (_____) and after

- You may resume your usual skin care product regimen, including make-up. If your skin is still sensitive, or becomes red or irritated, wait until sensitivity subsides. Wait until 10th day (_____) ** to begin Retin-A, Retinols, AHAs, BHAs, bleaching creams or other strong exfoliants.

Additional Tips:

- During the time before and after you start peeling, do not excessively soak treated areas. This will cause the skin to prematurely peel, causing redness and irritation.
- Avoid sunlight as much as possible during the peel phase. For you protection, make sure to use a SPF daily.
- Do NOT have any facial treatments for at least one (1) week after you have completely finished peeling (this includes any waxing services over treated areas).
- Do NOT use anything on your face that may sting or burn. If you do, wash off immediately.
- It will take your skin approximately 4 days ** at the completion of your peeling to go back to its normal PH balance. This is when your skin will start to look its best. At this time, you may resume the regular use of products, unless instructed differently by your doctor.

The skin's sensitivity to the sun is greatly increased after the VI Peel

Sun exposure should be limited and adequate protection with a proper sunscreen should always be used.